TRAIL MAP AND SAFETY TIPS

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RED ROCKS PARK

Around you are 868 acres of deer, dinosaur fossils, pines and prairie, geologic wonders and spectacular vistas. At an elevation of 6,400 feet above sea level, Red Rocks Park is a unique transitional zone where the Great Plains meet the Rocky Mountains. Red Rocks Park offers great recreation for everyone among the marvelous rock forms.

SCENIC DRIVE

Red Rocks Park was originally conceived as a driving park. The roads were located to offer exceptional views to visitors from their car windows. Please preserve the Park's natural features by staying on the roadways and parking only in designated areas.

THE TRADING POST TRAIL

This is a backcountry trail approximately 1.4 miles long which begins and ends at The Trading Post. It passes through spectacular rock formations, valleys and natural meadows.

THE RED ROCKS TRAIL

The Red Rocks Trail is located near the northern and eastern edges of the Park and can be used for hiking, horseback riding and mountain biking. It serves as an important link in the Jefferson County's Open Space trail loop from Matthews/ Winters Park to the Hogback. The combined trails make a 6-mile loop.

PARK SAFETY TIPS

PLEASE STAY ON DESIGNATED TRAILS

WATCH FOR RATTLESNAKES – Wear protective foot and leg wear. If you encounter a rattlesnake, back away slowly and take an alternate route.

WATCH FOR MOUNTAIN LIONS – Although the chances of crossing paths with an aggressive mountain lion are rare, they have been sighted in this area. If you encounter a lion NEVER RUN; stand your ground; wave your arms and shout.

AVOID POISON IVY – Poison Ivy is common throughout the park. Stay on the trail to avoid contact.

BE PREPARED – Weather changes rapidly. Carry a warm, waterproof jacket. If you see lightning, immediately descend to a lower elevation and find cover inside.

WATCH FOR VEHICLES – The trail crosses park roads.

BE AWARE OF STEEP GRADES, DROP OFFS, and STEPS – These hazards are common throughout the park.

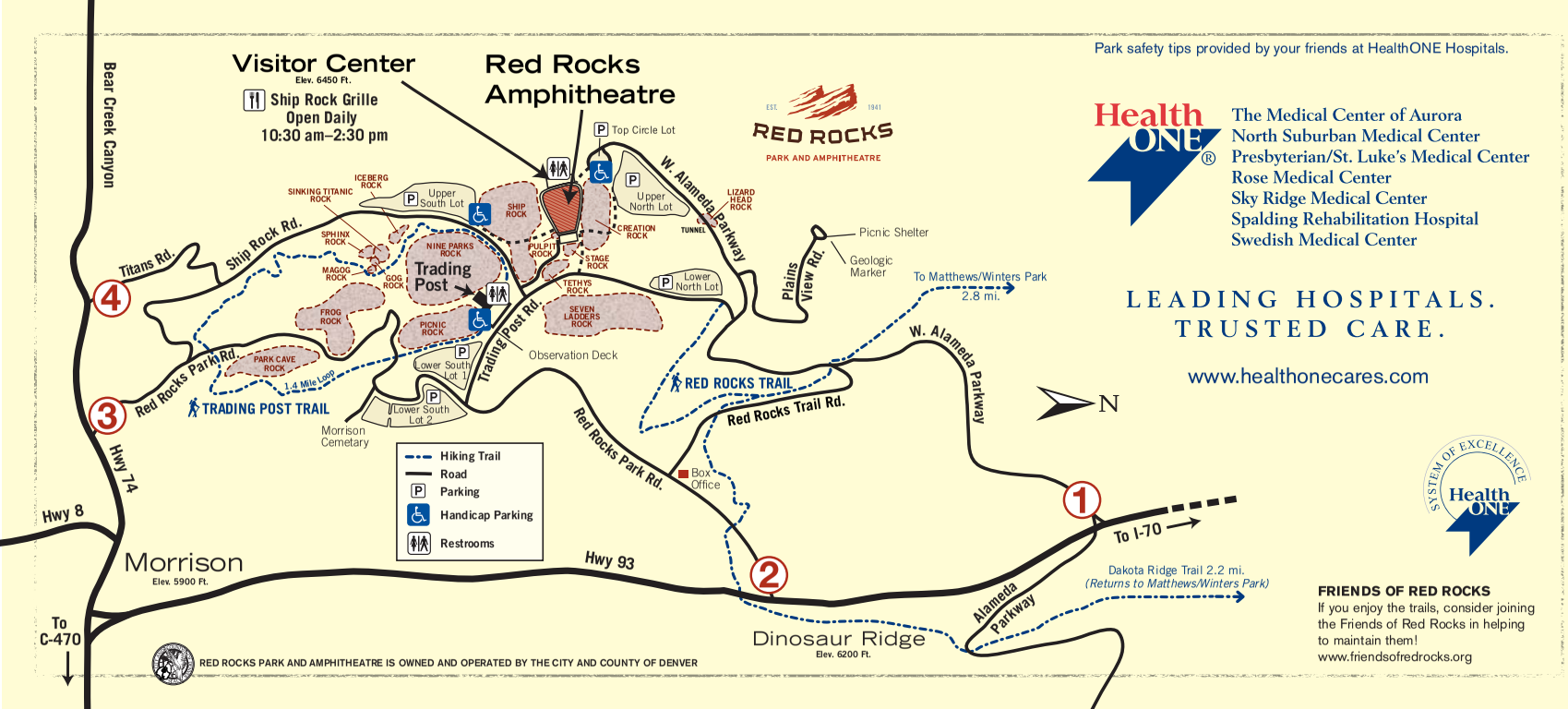
WEAR SUNSCREEN – At this altitude there is less atmosphere to block the sun's rays, so sunburn occurs more quickly.

BRING WATER – Dehydration occurs more rapidly at higher elevations. Drink small amounts of water frequently throughout the day.

PARK RULES AND REGULATIONS

- Please stay on the designated trail at all times.
- Children must be supervised at all times.
- Pets must be on a leash at all times.
- Climbing, traversing or rappelling on rocks is prohibited.
- Trails are closed one half-hour after sunset.
- Glass containers are prohibited.
- Alcoholic beverages are prohibited.
- No firearms or fireworks in the Park.
- Fires are prohibited.

All governing state statutes apply in park areas.



Park safety tips provided by your friends at HealthONE Hospitals.

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FRIENDS OF RED ROCKS

If you enjoy the trails, consider joining the Friends of Red Rocks in helping to maintain them!
www.friendsofredrocks.org